



SOS Children's Village BC

Every child belongs...every child matters



What is Expressive Therapy?

Art and play is the language children often use to process their emotions and perceptions.

Art Therapy combines "visual art and psychotherapy in a creative process using the created image as a foundation for self-exploration and understanding. Thoughts and feelings often reach expression in images, rather than in words. Through Art Therapy, feelings and inner conflicts can be projected into visual form. In the creative act conflict may be re-experienced, resolved, and integrated. Expressive therapy includes art, play, music, dance, and drama; in essence, non-verbal expression. Non-verbal expression is especially important for children under twelve years of age because they do not have the full developmental capacity to process their experiences and emotions verbally.

Children who attend this program at SOS Children's Village BC have experienced significant trauma in their lives ranging from the loss of a parent, witnessing abuse, experiencing neglect, and harming themselves.

The children typically attend therapy for one hour a week for an average of six months, depending on each child's individual needs. Additional time can be granted to help the children deal with their issues.

At SOS Children's Village BC, expressive therapy is a treatment modality that attempts to help children, adolescents, and their caregivers explore and express their feelings and experiences in a non-verbal manner. The children and adolescents are given access to a variety of art materials and toys that are selected to evoke emotions and memories, as well as to engage their senses and thought processes. Expressive therapy strives to provide the child with relief from difficult emotions, promote empathic acceptance of themselves and their challenging circumstances, provide opportunities to explore alternative ways of thinking about their experiences, and recognize their strengths and healthy coping behaviors.

7th Annual Food & Wine Festival

Thursday, September 22, 2011

6:00 pm to 10:00 pm

Eaglequest Coyote Creek Golf Course, Surrey, BC

Join us for an amazing night of local and international wines, gourmet food from local restaurants and artisan food merchants, silent auction, and live entertainment.



Tickets: \$60 each

VIP Tickets: \$100 each

*If you are interested in donating a silent auction item, sponsoring the event, or being a food or beverage vendor please call 604-574-2964 ext. 228, or email lizharris@sosbc.org.

Media Sponsors:



Knitting For Change

Saturday, July 23, 2011

10:00 am to 2:00 pm

Lansdowne Mall, Richmond, BC

Spend the day sharing your time and talent for kids in need.



We'll supply the wool and needles, along with snacks and refreshments. You supply the talent and enthusiasm for making a difference.

Together we will collect pledges and knit or crochet 15 cm squares to create blankets to be distributed to kids in need.

Squares can also be made in advance (15cm, 5 mm needles, Kitting Worsted with 26 stitches cast please) and brought to the event as a donation, or made on site with the assistance of our knit-savvy experts.

To register for this event, please email Leah at development@sosbc.org or call 604-574-2964 ext. 228

www.sosbc.org

102 – 5830 176 A Street | Surrey, BC V3S 4H5 | Tel: 604.574.2964 | Fax: 604.574.2967 | E-mail: office@sosbc.org



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Annual Charity Golf Tournament

For the third consecutive year, G&F Financial Group is proud to support SOS Children's Village BC through their 2011 Annual Charity Golf Tournament. Last year this fun event raised over \$24,000, which helped provide programs and support for foster children and their families.

If you would like to receive an early bird registration or sponsorship package, please email marketing@gffg.com. For details please visit www.gffg.com

Volunteer Opportunities

Event: Parade of Trees

Positions: We are looking for committee members to help with the following positions:

- Chair
- Acquisitions Team
- Communications/Public Relations
- Set-up/Clean up Team
- Trip Lottery Team
- Entertainment Team
- Sponsorship
- Volunteer Team
- Tree Sponsorship

For position descriptions please email development@sosbc.org. Join us at our next meeting May 11, 2011 at 5:30 pm in Vancouver at 1200 – 805 W. Broadway. Please RSVP today.

Vancouver Teachers Beautify Village for Foster Kids in BC

More than 70 teachers, principals, and staff from [Core Education and Fine Arts™](http://www.CoreEducationandFineArts.com), Vancouver's junior kindergarten school franchise, lent their painting, gardening, landscaping and renovation skills on April 16, 2011 to help improve SOS Children's Village BC. Stay tuned for photos on Facebook!



SOS Children's Village Run

Sunday, May 29th, 2011, 8:30 am

Richmond Olympic Oval Plaza, 6111 River Road, Richmond

This year, the SOS Children's Village Run and Festival is going to be bigger and better than ever before!

Participants in the SOS Children's Village Run who raise over \$100 or more are eligible for fundraising rewards.

Below is a complete list of the 2011 fundraising rewards:

Level 1: Raise \$100 - \$249 – 2GB Flash Drive



Level 2: Riase \$250 - \$499 – Blanket



Level 3 Raise \$500 - \$749 – Snapshot Camera Kit (camera not included)



Level 4 Raise \$750 - \$999 – Speaker Cooler



Level 5 Raise \$1,000 plus – 7" Digital Photo Frame



Register today at www.sosbcrun.ca

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